

CONSENT FOR BIOFEEDBACK

Disclaimer. Neither biofeedback practitioners nor biofeedback devices are intended to diagnose, treat, cure or prevent any medical, psychological or nutritional condition, disease or disorder. All lawfully registered biofeedback devices are intended for the purpose of relaxation and muscle reeducation and legal to use for those purposes. SCENAR Care, LLC, hereafter company, warrants that all biofeedback equipment to be used during any biofeedback sessions with client will be lawfully registered with the appropriate governmental agencies as required by law.

Research has shown that biofeedback may be effective for stress management, including hypertension, by teaching clients how to relax completely and re-educate their muscles. Medical experts generally agree that stress is the major cause of all disease. Manage your stress and your body heals itself. But there is no guarantee that if you manage your stress, your body will heal itself.

Research has shown that biofeedback may be effective for pain management including headache, shoulder and back pain, by teaching clients how to relax and re-educate their muscles. There is no guarantee biofeedback will help you reduce or otherwise manage your pain,

Research has shown that biofeedback is not effective for people unable to understand the feedback process and follow simple directions. There is no guarantee biofeedback will be effective for you even if you understand the feedback process and follow the directions,

Biofeedback Training Outcomes Biofeedback is not a substitute for effective standard medical or psychotherapy treatment. You are advised to continue ongoing medical treatment and therapies until otherwise advised by your psychotherapist, physician or medical practitioner. If you are taking medications, it is important to stay in close communication with your physician. He or she may want to decrease your medications during the course of your biofeedback training. There is no guarantee that biofeedback training will result in a decrease of medications.

It is your responsibility to monitor the effects of biofeedback training and to continue the training as long as it is beneficial to you. Research suggests that while most people gain considerable benefits from biofeedback training, some people may not gain any benefit from biofeedback training. Though we have every expectation that biofeedback will provide you some benefit, there is no guarantee that you will.

Side Effects of Biofeedback: Biofeedback is a non-invasive procedure considered to be generally safe. Biofeedback does not use any needles, skin penetration, or other invasive procedures. But it is possible that biofeedback may exacerbate emotional problems, at least temporarily, during the biofeedback training sessions. Some clients may become drowsy. Other potentially harmful

SCENAR Care, LLC
1120 South Avenue, North Mankato, MN 56001
507-317-3958

side effects not yet reported may occur. We require you to advise us anytime you feel any side effects, so corrective steps may be taken to alleviate your discomfort. Other side effects of biofeedback training may include a reduction of anxiety, depression, anger, grief or sorrow, blood pressure, reaction times, palsy, tics, dizziness, vertigo bowel irritability or other pathological conditions; and an increase in focus, attention, concentration, short and long term memory, mental dexterity, physical strength, dexterity and mobility, general well-being and an Increase in joy, happiness, courage and peace of mind. There is no guarantee biofeedback training will result in any of these generally beneficial side effects,

Qualifications of Company's Staff Sharell (Shari) Cornick is a Registered Nurse (RN). She is a 1973 graduate of Emanuel Hospital School of Nursing in Portland, Oregon. Sharell is also a 1994 Health Science graduate of Mankato State University. She is a nationally Certified Health Education Specialist (CHES). Sharell has successfully completed Level I, Level II, Level III, and Cosmetology Training Courses in the use of RITM SCENAR Expert biofeedback device as well as Biofeedback Certification Course through Pacific Health Options.

Confidentiality Your identity and any information about you, whether you share it with us or we discover it on our own, will be held in the strictest confidence, except as specifically required by law. You have the right to waive this confidentiality agreement in whole or part at any time.

Permission to Consult with Client's Physician. You agree that company may consult with your primary care practitioner or specialist with regard to the biofeedback training provided by company and the results obtained. You have the right to waive this permission at any time.

Binding Arbitration. You agree to bring any dispute to company's attention as soon as possible end without undue delay. Company agrees to make every effort to resolve any dispute between us in a timely manner. You agree to submit any irresolvable dispute between us to binding arbitration under the rules of the American Arbitration Association. Company agrees to do the same. You and company both waive our rights to seek remedies in court. The result of arbitration is final and binding upon both parties, you and company.

Acknowledgment I acknowledge that I have read and understand this document, and have received acceptable answers to all my questions regarding biofeedback, and consent to receiving biofeedback training. I am not under duress at this time and my consent is given voluntarily and without coercion. I understand that may discontinue biofeedback training at any time and that I may refuse to participate in any particular or specific biofeedback training without penalty.

Client Name _____ Date _____

Guardian or Client Signature _____